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the new wham mag

issue 190 // 05 March 2010



Paws for thought

Clean up after your dog (p12)

*Brought to you by the
Mayor of Newham*

Are you missing out on help towards your rent and Council Tax?

If you are on a low income, whether or not you work, you may be entitled to help towards your **rent and Council Tax**.

**Don't delay – find
out more today!**

Call **020 8430 2000**

Visit **www.newham.gov.uk**
or a **Local Service Centre**



In this issue we're cleaning up the borough with fines for those who don't clean up after their dog (p12) while acting on your safety concerns with the introduction of 31 council funded police and community support officers (p10). We're making sure that businesses and employees are operating within the law (p18) while enlightening you with some amazing facts about Newham – many of which may come as a surprise (p14). Read on to find out more.

Councillor Ian Corbett
Executive member for public realm

Don't forget – If you live in Beckton, Green Street, Manor Park, Plaistow and Stratford and West Ham community forum areas, look inside for local news and events in In Focus.

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Look out for the next issue from 19 March

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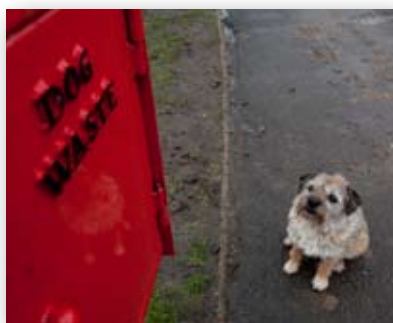
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IN BRIEF //



Queens Market opens for Sunday business

From 4 April Queens Market in Green Street will open for business on Sundays from 10am-4pm.

Market stalls are currently open on Tuesdays, Thursdays, Fridays and Saturdays and Newham Council is looking for more traders to join.

If you sell produce such as breads, cheeses, organic foods or specialist drinks then the council wants to hear from you. Prices for a pitch on Sunday are only £10 for the first four weeks and then £20 thereafter.

For more information speak to Roy Wayre in The Markets Team Office in Unit 7, Queens Market, Green Street, E13 or call 020 8475 8971.

Mayor's Annual Report 2009-2010

Enclosed in this edition of the Mag is the Mayor's Annual Report where you will find information on achievements made in the past 12 months against the seven pledges Sir Robin Wales made to residents. These pledges are focussed on making a difference in the areas you have said are of most concern to you.

Turn to the centre pages to find your pullout copy.

Flag flies for LGBT history month



Mayor Sir Robin Wales attended a flag-raising ceremony at Newham Town Hall in East Ham to mark Lesbian, Gay, Bisexual and Transgender History month.

The event recognises the experience of LGBT people who have suffered persecution in the past. It is a reminder of the progress towards equal rights for all, as well as Newham's commitment to diversity, tolerance and shared values.

The Mayor was joined by councillor Neil Wilson, executive member for equalities and social inclusion as well as councillors Marie Collier, Unmesh Desai, Ted Sparrowhawk and Ayesha Chowdhury, pictured above.

Sir Robin said: "Raising the Rainbow flag is a clear statement of our ideals of tolerance and respect and a rejection of narrow minded judgement and hatred."

Only stalls and horses

Newham Council is boosting recycling at Queens Market in Upton Park by feeding animals at Beckton's Newham City Farm with the market's unwanted fruit and vegetables.

Six market stalls currently donate unwanted produce to the scheme with more being encouraged to join.

The move is part of a Zero Waste recycling strategy at the market, which will be bolstered by giving traders and shopkeepers advice and support on recycling, introducing reusable cloth bags and installing market recycling bins.

Cllr Jo Corbett, executive member for

culture, said: "The farm is a local gem, as is the market. This has solved a recycling problem and created a special link between these two wonderful places."



(l-r) Cllr Ian Corbett, Market Inspector Tony Patten, Blaze the horse, Newham City Farm's Theresa Salmon, and Cllr Jo Corbett

Council Tax is frozen again



Newham Council's freeze on Council Tax was approved at a meeting of the Full Council.

Mayor Sir Robin Wales has pledged to continue to help residents and businesses through the economic downturn by not asking for a penny more in the tax levy from April. It is the second year running there has been no increase.

The budget outlines spending of £294.5m on services. Priorities include spending on assisting people into jobs, continuing the programme of free school meals for every primary school pupil and a scheme that will see every child in Year 5 receiving two years' free music tuition – and a free instrument for those who

complete the two years.

The zero per cent tax increase means properties in Band D will continue to pay £945.63 per year to cover the Newham element of Council Tax – the lowest level in outer London. Housing rents for council tenants will rise by an average of just 1.5 per cent or £1.14 for every week of the year.

Mayor Sir Robin Wales said: "The council is committed to channelling money where it is most needed and help cut costs for residents, particularly when times are toughest. Matched with the freeze on Council Tax we can be truly proud of what we have achieved."

Breath of fresh air at last

Newham Council has welcomed news that action is being taken at last to deal with the stink that comes from the Beckton Sewage Treatment Works.

The council has badgered Thames Water for many years to take action against the odious odours that emanate regularly from the site.

The company are set to spend around £67m dealing with the smelliest parts of Europe's largest sewage works, off Jenkins Lane, in order to substantially reduce odour emissions by 2015.

The work to upgrade the plant will include erecting odour-blocking covers on 16 primary settlement tanks at the plant – an area the size of ten football pitches – and installing odour-control units to clean outgoing air.

Mayor Sir Robin Wales said: "We have lobbied long and hard for improvements at Beckton so this significant investment is welcomed – provided it gets rid of the smell.

"Residents in the area and shoppers at Gallions Reach have moaned regularly about the stink from the plant. I hope for them this is a breath of fresh air at last. They have put up with too much for too long."

Catherine Goddard, centre manager at Gallions Reach, echoed the Mayor's call. She said: "The smell we have to put up with is terrible. Some of our customers even call us Gallions retch. We're pleased they're doing something about it at last."



Support when you really need it

Around this time, as we mark the beginning of the new financial year, I always like to look back at what we have achieved in the past 12 months.

You can see in my annual report to you, in the centre pages of the Mag, that the council has continued to do well, but there is still more to do and some tough challenges to face.

Over the past year I have worked to ensure that life is getting better despite tougher times.

We have frozen Council Tax for the second year in a row and you still pay the lowest amount of any of the boroughs in outer London. Our average rent increase of just 1.5 per cent also represents excellent value for money and works out at an extra £1.14 for every week of the year.

We are working hard to support families too – free school meals for all primary school children means £320 in families' pockets for every child they have in a Newham primary school.

You may have read in the papers recently details of the Personal Care at Home Bill which Prime Minister Gordon Brown spoke about during his recent visit to Plaistow to see our Community Resource Centre for older people.

This Government proposal, if it becomes law, is intended to provide free personal care to those living at

“We have frozen Council Tax for the second year in a row and you still pay the lowest amount of any of the boroughs in outer London.”

home with the highest care needs. This means people who need support and assistance to help with toileting, washing, dressing and bathing and those unable to eat or drink unaided.

Newham Council already offers this service to people in their own homes. There are some local authorities who feel that the proposals would lead to cuts in services and/or rises in Council Tax – but that will not happen here.

We think our way of providing supportive care for disabled or vulnerable adults is already in line with the Government's proposal. I hope people with high care needs in other authorities will soon be able to receive the same benefits as those in Newham.

Prime Minister with residents of the Community Resource Centre, E13



Mayor's view

Put station on the right track

When Transport Secretary Lord Andrew Adonis made a whistle-stop tour of the new Stratford International rail station I used his visit to press for the station to be opened up to Eurostar trains into mainland Europe.

Restricting the station to domestic services is unforgivable and we don't want it to become a massive white elephant. It's exciting we have a Government that is committed to high-speed rail, but in Stratford International we have a station that is international in name only. It simply doesn't make sense.

Transport was key to securing the Olympic and Paralympic Games and international transport will be essential to securing a post Games legacy for east London.



Sir Robin and Lord Adonis at Stratford International



Sir Robin waves off the group before they head to Richmond

Remembering to keep active

I waved off a group of older residents from Newham Town Hall in East Ham as they went on a trip to the Royal British Legion poppy factory in Richmond to see how remembrance wreaths are made.

The tour was the latest in our series of winter activities for older people run as part of the Warm Centres programme, which formed part of my contract with residents.

We do all we can to improve the health and quality of life for older people by providing a variety of community events and activities for them to get active, meet and make friends, and have fun.

Time for tea and dance

I was delighted to see more than 300 people tripping the light fantastic during the Valentine's Tea Dance at the Old Town Hall in Stratford.

This was another in our Warm Centres programme and it has become a popular date in our events calendar.

A lifetime of hard work and commitment to your community means something in Newham so we are proud to be able to offer lots of free activities. I make no apologies for repeating that we do more than any other local authority to provide opportunities for people to get together.



Tea and romance: Sir Robin at the Valentine's Dance

Question Time: Join me at the Old Town Hall, Stratford, on Saturday 13 March, from 9.30am to 10.30am for a boroughwide Question Time, where you can quiz me on almost anything.

with Sir Robin Wales

With free school meals on the menu, love was in the air in more ways than one. Last month pupils from St Luke's Primary School in Canning Town opened their doors to the community and invited them to a deliciously nutritious, free Valentine-themed Italian meal to show visitors why they've fallen in love with their luscious lunches.

St Luke's is one of 63 primary schools in Newham taking part in a national Government pilot exploring the benefits of eating school meals. St Luke's has a dedicated Pupil Voice Food Group, who are responsible for agreeing school menus and developing healthy eating habits among their peers. They suggested an Italian theme, requesting pasta, bolognaise, pizza, Mediterranean vegetables and heart-shaped shortbread as some of the menu choices. Teachers helped make the event extra special with flowers, red ribbons and hearts decorating the dinner hall.

Visitors on the day included the Canning Town branch of the Royal British Legion and parents.

The community is invited to lunch every term. Past lunches have included Chinese New Year, and Indian and English-themed culinary delights.

Talking testimonials

Here are a few of the comments made by diners.

.....
"This is my first meal. I will certainly come to the next one. I took the day off work and I'm so pleased I did." Parent.

"I love eating with my mum. I really enjoy sitting with my friends and having a meal together – like in a restaurant."

St Luke's pupil.

"It's lovely to have the opportunity to sit and eat with my child in the school. I see what she is offered. It's different from home but I'm so pleased to see what good provision they have."

Parent

"It gives me the chance to get out and talk to children and other adults. I don't have a big family locally so I really look forward to these meals." Invited guest.

"This has been my Valentine treat for this year!" Parent



Come dine with us

Cllr Pat Holland tucks in at St Luke's Primary School



THE NEWHAM COMMUNITY & POLICE FORUM SAFETY AWARENESS & CRIME PREVENTION DAY

MONDAY 15TH MARCH 2010
AT NEWHAM TOWN HALL, EAST HAM, E6 2RP

**Primarily For Older People
– but all are welcome..**

The event aims to give advice on:

- Preventing elderly abuse
- Safety in the home
- Safety on the streets
- Support services for the elderly
- Personal security

Come along and meet Councillor Joy Laguda – Executive Member for adults and older people and Newham Metropolitan Police representatives

Refreshments will be served at the Event and a free entry prize draw.

This is a Free Event, for any queries please contact:

Joy George – Tel: 020 3373 1253 Email: joy.george@newham.gov.uk



the newham mag
we've got the whole
borough covered

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk

Newham

Local Housing Allowance (LHA) rates March 2010

Number of bedrooms	Weekly amount
shared room rate (one bedroom in shared accommodation)	£ 74.79
1 bedroom	£ 164.55
2 bedrooms	£ 201.69
3 bedrooms	£ 253.15
4 bedrooms	£ 290.00
5 bedrooms	£ 355.48

The table shows the rates we will use to calculate the maximum amount of housing benefit for tenants affected by LHA. The actual amount of benefit that a tenant will get depends on income, savings and who lives with them.

From 06 April 2009, the maximum LHA rate payable for new claims is for the five bedroom rate only.

How to work out LHA entitlement

The LHA rate a tenant is entitled to depends on the number of bedrooms allowed for them and their household. One bedroom is allowed for

each of the following:

- a couple
- a single adult/young person (over 16)
- two children of the same sex under the age of 16
- two children regardless of sex under the age of 10
- any other child

For example, an adult couple with a child would be entitled to one bedroom for the couple and one bedroom for the child.

This means that the 2 bedroom LHA rate would be used to work out their benefit.

Call Newham Council Tax and Benefits Service on 020 8430 2000 for further information

The significant decision is part of our combined efforts with Newham Police to crackdown on crime and ASB and make Newham safer.

This unique police team is now operational across the borough and works alongside the established 20 police Safer Neighbourhoods Teams – which operate in each of the borough's wards – and the council's 51 street scene enforcement officers.

The council funded police and support officers are managed and remain accountable to the police, but their duties are agreed in partnership with the council –

priorities that you have helped determine.

Key concerns raised by you and local councillors are discussed at fortnightly meetings between the council and the police's senior managers. Ultimately answerable to the Police Borough Commander, monthly performance reviews for each team are personally conducted by Detective Chief Superintendent Simon Letchford. This joint approach means that intelligence from both parties can be used to target environmental issues, ASB and other crime, and ultimately increases the chances of prosecution or can stop incidents happening altogether.

The team's main responsibilities are focussed around parks and open spaces, estates and schools to ensure these areas are as safe as possible. And don't be surprised if you see them when you're out in the borough. Organised into five teams, each led by a sergeant, they undertake high visibility patrols in their areas; two teams watch over parks, with three teams making schools and estates safer with their presence.

The teams responsible for the borough's parks make them safer not only by enforcing park byelaws and responding to incidents in the grounds, but also through relationships with local

A FORCE TO BE RECKONED WITH

Newham Council is one of the first local authorities in the country to fund an additional 31 police and community support officers to help make our borough safer. This rare step is in response to your number one concern – crime and anti-social behaviour (ASB).

Making Newham safer: (l-r) PCSO Harvey Jones, Pc Dave McReynolds, Roger Ayrton from Newham's park team, grounds maintenance staff Kevin Haggis and PCSO Lee Kehoe.

schools, the council and residents living nearby, which all help to identify and eradicate trouble hotspots.

The schools and estates teams forge close links with key partners such as head teachers, Newham Homes and registered social landlords to ensure the safety of students, staff and tenants.

**Here are two examples
of the team's work:**

**DETECTING TROUBLE AT LITTLE
ILFORD PARK**

One of the teams responsible for parks received information that a large fight

was about to take place in Little Ilford Park. The team carried out a weapons sweep looking for stashed items that could be used in a fight. They discovered around 40 sticks and poles that had been hidden in bushes around the recreation ground. High-visibility patrols were also conducted in the park, to deter any potential trouble; as a result, no further incidents occurred.

SEX WORKERS OFF OUR STREETS

The team was tasked with dealing with the age old issue of prostitution. Following complaints from residents and demands from local councillors, the police and council ASB investigation officers began monitoring the activity of street sex workers operating in the Forest Gate section of Romford Road.

While on patrol, a sergeant identified three young eastern European girls working as street sex workers. He discovered that they were living outside the borough and, alarmingly, that they were possibly trafficked into the UK and forced into prostitution. Specialist units were appointed to carry out a raid on addresses identified. A 19-year-old girl was rescued and three males arrested. An imitation firearm was also discovered at the scene. But efforts did not stop there. Newham Council and Newham Police were successful in obtaining nine interim Anti-Social Behaviour Orders (ASBOs) against street sex workers operating within the Forest Gate area.



**If you're concerned about
crime or ASB in your area
speak to your local Safer
Neighbourhoods Team (SNT).
To find out more about your
local SNT call 0300 123 1212.
To report crime or ASB call
0800 731 3300.**

DOG MESS – NO MESSING

You'd be barking mad to let your dog foul in Newham. The council is getting tough on irresponsible dog owners who deposit their mutt's mess on our streets. Let your pooch poop in our borough and you could be handed a £75 fine.

This new zero-tolerance approach is thanks to you. Residents are rightly causing a stink over dog mess and Mayor Sir Robin Wales is taking action. He's promised to deal with careless owners who don't clean up after their dogs by treating them in the same way as people who litter or fly-tip – by handing them a fine.

Dog mess is an offence which can be difficult to deal with as officers have to witness the animal fouling from start to finish and see if the owner walks away so that it's clear there was no intention to pick up any dog mess.

Enforcement officers are now patrolling at times when owners are most likely to be walking their dogs and, where necessary, £75 Fixed Penalty Notices are being handed out.

Recently, a series of 22 roads in the south of the borough, highlighted by residents and councillors, were targeted by officers who handed fines to unsuspecting owners not cleaning up after their dog.

Sir Robin said: "Treating dog fouling as an anti-social crime in the same way as fly-tipping or graffiti is the only solution to effectively dealing with this problem that is blighting our streets. Fouling is not only a nuisance; it also poses health and safety problems through the spread of bacteria."

Action doesn't stop at enforcement.

Pupils from two Canning Town primary schools – Keir Hardie and St Luke's – have created postcards with information about responsible dog ownership. Handcrafted flags also made by pupils, emblazoned with responsible dog owner messages, are being placed in problem areas. These efforts are complimented by workshops to help residents better understand the problems caused by dog littering and how to better look after their animals.



To report anyone allowing their dog to foul on the streets call the crime and anti-social behaviour hotline in confidence on freephone: 0800 731 3300. For the removal of dog fouling, call 020 8430 2000.

If you often have problems remembering where your door keys are or the details of a recent conversation, it may be worth seeking help.

Janis Boyce, 57, from Plaistow did exactly that. "People kept on saying to me how much I kept on forgetting things and I also had instances of vagueness."

Feeling concerned, Janis visited her GP who referred her to the Newham Diagnostic Memory Clinic. They carried out an assessment and she was given a diagnosis of Mild Cognitive Impairment (MCI). Janis was then invited to join a free group for other people similarly experiencing mild memory problems.

"I went to the memory group for two hours per week over six weeks," says Janis, "and it really is great. The sessions were nice and relaxed and I made friends with the other people there."

At the sessions, Janis and other group

members talked about their memory problems and what strategies they used to cope. "We bounced ideas off each other and picked up lots of tips," says Janis. "I still use lots of the techniques now such as always using a diary and keeping things in the same place."

The memory group sessions are run by a clinical psychologist and a group facilitator from the Alzheimer's Society. The aim is to learn about the various reasons for forgetfulness, in a setting where people can support each other by sharing their experiences and ways of coping.

If you're often forgetful, it's important to seek assistance as soon as possible. This could help prevent your memory from getting much worse and in some cases developing into more serious conditions such as dementia.

"Since attending the group, everyone says I am improving and I now use the

memory techniques I picked up as a matter of course," says Janis.

The Diagnostic Memory Clinic is run by East London NHS Foundation Trust and Newham University Hospital NHS Trust. The memory groups are funded by Newham Council and run with the Alzheimer's Society, with support from Subco Trust and Age Concern.

Access to the Diagnostic Memory Clinic is by referral only. If you are often experiencing problems with your memory contact your GP and ask to be referred, or call your local Alzheimer's Society on **0208 271 1318** or **07512 365 116**. More information about can be found at <http://alzheimers.org.uk>

Memory matters



Janis Boyce
at her home in
Plaistow

Things about Newham you

If you think you're a Newham know-it-all – think again. We've gathered some of the council's most interesting facts and figures to show you how Newham is changing and how we're working to make this borough even better.



Schools

Newham has 63 primary and 15 secondary schools. With the largest population of under-25s in the country, education and opportunity for children and young people is our upmost priority.

Did you know?

- > Sixty-four per cent of Newham teens are now achieving five or more A*-C GCSEs and, last year, Newham children topped national averages in Key Stage 2 (primary years 3 to 6).
- > Thanks to the Government's Building Schools for the Future programme, £250m is being ploughed into improving, refurbishing and rebuilding our primary and secondary schools.
- > When it comes to pupil behaviour, almost all our secondary and primary schools are judged as good or outstanding by Ofsted.

Cleaner, greener – better

When it comes to cleaning high streets and main roads we offer a 24/7 service, with more street cleansing staff than ever before.

Did you know?

- > From April 2007 to March 2008 more than 11,000 fly-tips were reported to us by you. In 12 months this figure has more than halved, with just 5,000 reports.



- > Our recycling rates have almost tripled in the last five years and we're now saving 20 per cent of our waste from landfill.
- > Four-hundred extra trees were planted last year, with another 400 planned for this year, as part of our on going carbon reduction projects.

Love your libraries In January:

- > 450 children attended a homework or games club
- > 3,722 people joined the library
- > 8,856 items were delivered to users unable to get to a library
- > 112,044 total items were borrowed
- > 169,047 people visited a library.



Did you know?

Six-million items are available for loan. Find out more at your local library, see page 35 for addresses.

Getting sporty, keeping active

From sport sessions to volunteering, there are hundreds of ways to get active in Newham.



never knew

Did you know?

- > Newham has London's most comprehensive summer sports programme and we were pioneers of free swimming for under-16s and over-60s.
- > More than 4,200 residents are registered volunteers on our acclaimed Newham Volunteers programme.
- > More than 100,000 people attended the free Mayor's Town Show, Under the Stars musical extravaganza, Stratford 10k Run and Funday and Fireworks Night last year.

Perfect parks

Newham has seven Green Flag Award-winning parks and there are a raft of improvements taking place as part of our £17m programme to improve parks and green spaces.

Did you know?

Central Park in East Ham has had a £2.2m



refurbishment with an improved café and toilet facilities, bigger play areas and a new walking trail to help you to keep fit and active.

Making Newham safer

We're working closely with the police and our partners to make Newham safer. We've introduced more enforcement officers and continue to investigate businesses that sell alcohol, knives or fireworks to young people.

Did you know?

In 2008/09, serious knife crime went down by 30 per cent compared to the previous year. In the same year, the rate of property-related crime (which includes burglary, robbery and motor vehicle theft) fell by 13.6 per cent from the previous year's



figures – one of the best performances in London.

Read more about how we're making Newham safer on pages 10 and 18.

Housing

Housing is a key priority for lots of our residents

and that's

why £180m was invested between 2006 and 2009 in improving Newham Council homes to the Decent Homes standards.

Did you know?

More than 1,000 empty privately owned homes have been brought back into use since 2006.



Freedom passes for older people and disabled residents are funded by Newham Council. If you haven't already done so, renew your pass as soon as possible so you don't miss out on free travel.

Renewal: eligible disabled users and residents aged over 60

You will need to complete an application form and provide proof of your name, age and address along with a recent passport size photograph for your new card.

If you're aged over 60, go directly to your local Post Office to apply for your new pass.

Eligible disabled users must initially apply at their nearest Local Service Centre. Application forms for eligible disabled users are available at all Local Service Centres and can also be downloaded from www.newham.gov.uk

Prove it

You must provide **one** of the items below as **proof of name and age**:

- > letter of pension entitlement
- > current passport
- > medical card
- > birth certificate (unless your name has changed)
- > driving licence (paper or photocard).

You must provide **one** example from the list below as **proof of address**:

- > current Council Tax bill/letter/payment book
- > current council/housing association rent book/statement/letter
- > current television licence.

The following items can be used but must be dated within the last three months:

- > residential utility bill (excluding mobile phone bills)
- > residential bank/building society statement
- > HM Revenues and Customs letter

- > Department for Work and Pensions letter
- > occupational pension letter
- > residential credit card statement.

Don't forget to provide:

- > your current Freedom Pass photocard (if you have one), and
- > one recent passport size photo of yourself.

Failure to provide proof of your name, age and address means you'll be unable to renew your Freedom Pass.

If you need more information or are unable to visit either your local Post Office branch or Local Service Centre call 020 8430 2000.

Your new style Freedom Pass may take up to ten working days to process and will be posted directly to your home address. To see how your application is progressing visit www.tracker.freedompass

Don't lose your Freedom!

Time is running out to renew your existing Freedom Pass. These are paid for by the council and from 31 March old passes will no longer be valid to use and you will need the new style photographic pass to travel.



FreedomPass

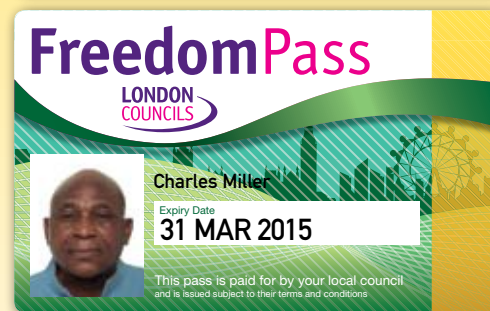
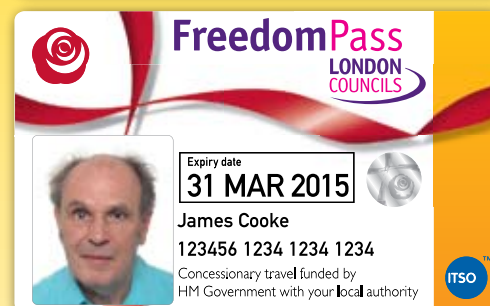
RENEWAL 2010

If you have a Freedom Pass it will expire on the 31 March 2010 and you must renew it. You need to provide a passport style photo ID and your application will take up to ten days to process.



**Don't
miss out!**

**Apply for your
new pass
before 31 March**



Your new Freedom Pass will be valid for five years.

- If you are an eligible disabled person living in Newham you should initially apply at your nearest Local Service Centre
- If you are an eligible older person living in Newham please apply directly at your local Post Office

You will need to provide proof of your name, age and address when applying for your new Freedom Pass.

For further information call 020 8430 2000 or visit www.newham.gov.uk

LICENSE TO TAKE OUT TAKEAWAYS

Making sure the areas where Newham's night time economy thrives are free from crime and anti-social behaviour (ASB) is a priority for both the council and the borough's police.

Businesses like pubs, nightclubs and fast-food takeaways are now feeling the heat from a new licensing enforcement team that is helping to ensure the borough is a safe place for people to enjoy themselves.

The team is made up of uniformed and CID (Criminal Investigation Department) police officers, police licensing officers and council licensing enforcement officers, with support from immigration specialists. It is believed to be the first team of its type in the country dealing with alcohol-related serious crime in such a joined-up manner.

WHAT THE TEAM INVESTIGATES:

- complaints of crime and disorder associated with licensed premises
- breaches of operating conditions

- infringements of trading hours and planning permission
- checks on the immigration status of workers.

TAKING ACTION

A recent operation saw the team raid 22 takeaway chicken shops where 36 people were arrested for alleged immigration offences. The shops now face prosecution and, if fines go unpaid, their premises could be closed permanently.

Detective Inspector John Cushion, who leads the team, said: "There have been many complaints about crime and ASB connected with chicken shops in particular. We hope our action sends a

strong message to premises that illegal behaviour will not be tolerated."

Other priorities for the team include drink-driving specifically linked to nightclubs, and under-age sale test purchases. Another recent operation resulted in ten drivers being arrested for being over the legal drink-drive limit.

Pubs and clubs are also under scrutiny and six licences have been called in for review with one pub having its licence revoked.

Cllr Ian Corbett, executive member for public realm, said: "We have a common aim to make Newham a better place for people to go on a night out. Pubs, nightclubs and fast-food takeaways won't be allowed to get away with such appalling behaviour."

**Operation Chicken: 22
takeaway chicken shops
where recently raided**





An artist's impression of The Shoal, on Great Eastern Road

Sculpting a **brighter future** for Stratford

Two major projects that will breathe new life into Stratford ahead of the 2012 Games are soon expected to get under way.

A raft of public improvements, part of a £12.9m scheme of environmental upgrades, includes better streets and crossings, an enhanced bus station and one of the world's largest moving sculptures.

The sculpture, called The Shoal, has 180 polished titanium leaves mounted on metal posts which will run along Great Eastern Road. The leaves will move gently in the breeze.

Additional proposals in the scheme approved by Mayor Sir Robin Wales and councillors are:

- New lighting, pavement repairs and improved pedestrian signage
- The reinstatement of Robert the railway engine to Meridian Square, a reconfigured bus station and taxi rank, improved pedestrian crossings on Great Eastern

Road and relocation of the spiral clock to outside Maryland Station

- New landscaping, street furniture and lighting on Broadway with feature lighting planned for St John's Church and the Old Town Hall
- New outdoor market space on The Grove under a canopy to replace the current market on Broadway
- A memorial to theatre director Joan Littlewood in Theatre Square and a new rear façade for Stratford Picture House
- Improved entrances to Stratford Shopping Centre.

A second major project will see improvements worth £9m to paving and road surfaces as well as new lighting, signs and trees introduced as part of the High

Street 2012 programme.

The proposed improvements to the section of the High Street between Bow Flyover and Stratford town centre are being funded by the London Thames Gateway Development Corporation. They are expected to be completed by March 2011.

Key areas of change are along Bridge Road, Lett Road, Cam Road and the Channelsea Path and the Abbey Lane crossing.

Councillor Richard Crawford, community lead member for Stratford and West Ham, said: "These schemes will secure real improvements of benefit to residents and businesses as well as ensuring that Stratford and Newham presents a strong image as the gateway to the 2012 Olympic and Paralympic Games."



Plans for High Street 2012



Newham in pictures



1 Love is in the air at the Valentine's Tea Dance. **2** Jolly good day out – getting ready to board the Poppy Tour. **3** Riding high on Connault Bridge. **4** Inside the new Stratford International Station. **5** Dinner queue at St Luke's Primary School, Canning Town, (see p8).

The Home Access scheme aims to provide low-income families with children in school years 3 to 9 (ages seven to 14) with a computer and internet access at home to help support their child's learning.

If your income is low and you're in receipt of certain benefits you could qualify for a grant to buy a computer and/or a minimum of one year's internet access. The programme is aimed at those that need it most and for families that do not have access to a computer or the internet at home.

Depending on what you need, the grant can help with one of the following:

- > full package – a computer, one year's internet access, service and support
- > a computer with service and support only
- > one year's internet access only.

Criteria

Parents or guardians making an application to Home Access should be responsible for, and living with, a child who attends a state maintained school in England full time. Anyone who already owns a computer purchased using a Home Access Grant will not be eligible.

Applicants should be in receipt of one of the following:

- > Income based Jobseeker's Allowance
- > Income Support
- > Child Tax Credit but not Working Tax Credit and an annual income of less than £16,040
- > Guaranteed Pension Credit (not Savings Credit)
- > Income-based Employment Support Allowance, support under Part VI of the Immigration and Asylum Act 1999.

Assistive packages are also available for users with a disability or learning difficulty.

Your child's school will be able to assist you with any questions you may have and some will be holding sessions for parents who need help filling out applications.

Find out more

The grant is available on a first come, first served basis. If you think you may be eligible act now by calling the Home Access Grant Helpline on 0333 200 1004 to request an application form. You can also download an application from www.becta.org.uk/homeaccess

ICT FOR ALL

Access to a computer and the internet at home could make a real difference to the lives of young people and can even mean a two grade difference when it comes to GCSEs. But what if you have a low household income which can't stretch to what is still for many in Newham a luxury item? The Government's new Home Access initiative wants to make ICT available to all - particularly those who may not be able to afford it.

WANT A JOB? THEN UPSKILL YOURSELF. FAST.

If you are currently unemployed, you can boost your CV by taking one of our fully accredited courses. All courses at no cost* and at no risk to your benefits.

Introduction and intermediate courses available now in:

- Microsoft Office • Photoshop • Illustrator
- Administration • Retail • Catering
- Sport and Leisure • Security • Construction

Call 0845 650 42 44 or email info@cipsonline.com

COURSES HELD IN CENTRAL LONDON (FASHION & TEXTILE MUSEUM)
AND EAST LONDON (NEWHAM COLLEGE)



This project is made possible thanks to support from the Learning and Skills Council.
* All courses available at no cost to unemployed & aged 18+

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High quality, cost-effective business development and computer courses delivered online at a time that suits you. Whether you're a beginner, an expert or a business looking for staff development, Easy2Learn can help.

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or email support@easy2learn.co.uk

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www.easy2learn.co.uk



Want to learn English?

NEWHAM
COLLEGE
OF FURTHER
EDUCATION



Gain skills and confidence by joining one of our free ESOL (English for Speakers of other Languages) courses.

We provide free ESOL courses for:

- Parents on benefits • Refugees
- Asylum Seekers • Non EU Citizens

Call 0845 650 42 44
or email info@cipsonline.com

These projects have been made possible thanks to assistance from the Learning and Skills Council, the European Social Fund, the London Development Agency and the European Fund for the Integration of Third-Country Nationals.



NANOTECHNOLOGY FOR CARS

Imagine a car with scratch-proof paintwork, a windscreen that doesn't steam up or an engine protected from wear and tear!

All these are possible with nanotechnology!

- Reduce fuel consumption and carbon emissions
- Anti-rust for hub caps
- Anti-mist for windscreen and mirrors
- Self cleaning windows
- Protective coating on cars in long term storage
- ...and many more

Thanks to support from the European Regional Development Fund, our Showcasing Innovation project can provide specialist knowledge and access to nano products. Come to our surgery at Newham College's Discovery Lab to find out what nano applications are available for cars and engine parts.



Want to know more? Book onto our next event

Thursday 11th March 2010

10.00am - 12.00pm

At the Discovery Lab, Newham College, High Street South, London E6 6ER

LIMITED PLACES! Register for free* now by emailing discoverylab@newham.ac.uk or call 0845 650 4244



*Free to businesses trading in London with 1 - 250 employees. Project part-financed by the European Union.



Pirouettes from Paris

Established in September 2008, Lydie set up the Hallsville School of Ballet to break down misconceptions and bring affordable dance classes to young people in Newham. A firm believer in the fun aspect of ballet, we caught up with Lydie to find out more about the life of a professional, male dancers and why her latest students are self-confessed street dancers.

Where did you learn to dance?

I grew up in Paris and started dancing at 11 which is actually very late – most people start at five. My mother did send me to ballet classes when I was six but I didn't like it. My teacher said to me 'You're the only pupil I had to ask to leave the class,' because I was really impossible!

Did it take a lot of hard work to become a professional ballet dancer?

It's a lot of dedication and hard work. I very quickly went from [training] once a week, to two times, three times and then daily. I was a professional dancer for a very short time due to an injury in my hip-joint region. Nowadays in your training you have a lot more medical help



From the chic streets of France's capital to the diverse urban setting of Canning Town, Lydie Schrepfer is bringing ballet to the borough.

than I did. In my day it really was 'Dance or die!'

Why did you set up the Hallsville School of Ballet?

I think people take ballet as an old-fashioned form of dance and I completely disagree with that. You know, ballet can be very contemporary, can be very accessible to the new generation.

Just by teaching the right way, by understanding the children, making sure they enjoy it and making sure they know they can be creative with ballet – it's not just about learning the steps.

Do you think ballet should be fun?

Definitely! It should be fun before anything, if you don't have fun you don't want to work.

What ages are your students?

They start from two-and-a-half-years – old and the oldest is 15; the average age is eight. I had a 14 and 15-year-old join me at the beginning of this term and they're street dancers! They realised they needed the technique of ballet if they wanted to pursue [street dance] a bit further and they're doing really well.

So ballet is related to other forms of dance?

Ballet is the base of many other forms of dance so if you're a ballet dancer it's really easy to pick up on something else. You can do jazz, tap, street dance, hip-hop – when you do ballet you can do anything!

Do you have boys in your classes?

I've got four at the moment [out of 120 pupils in total]. Boys don't understand ballet the same as girls, they don't like to be neat and tidy and pretty. Boys just want to explode, they're like; 'This is music. *Yeah I'm gonna dance!*'

And it's hard to teach boys and girls together 'cause they just clash. I'd love to set up a boys only class in the future.

Do your students take exams?

Yes, I recently had five of my Grade 1 children take their exams and they all succeeded with either merit or distinction so we're very pleased. It's hard work but exciting.

Find out more about prices and learning to dance with Hallsville by contacting Lydie on 07751 464 619 or by visiting www.myballet.co.uk. Classes take place at the Grassroots centre, West Ham, and at the Hub, Canning Town.



STUB IT OUT FOR GOOD

**Wednesday 10 March is
national No Smoking Day**

If you are a smoker, this is the perfect time to think about your smoking habit, stop for the day and seriously consider stopping forever.

Evidence shows that about two-thirds of smokers say they'd like to stop but don't know where to begin. Quitting the habit involves a lot of willpower and research shows that you are four times more likely to succeed in stopping with help from NHS services.

NHS support includes nicotine patches and gum, as part of Nicotine Replacement Therapy (NRT) and encouragement from a trained advisor.

If you're not ready to quit yet NHS Newham provides free stop smoking support and advice all year round throughout the borough.

Come visit a member of the dedicated Stop Smoking Team in person or call them on 0800 013 1673/ 020 7059 6630 or text 'QUIT' to 60155.



Jump on board the health bus

Where to get support

Stop Smoking Day

Wednesday 10 March, 10am to 4pm – NHS Newham's Stop Smoking team will be at Asda, Tollgate Road, Beckton.

Health Buses

Free walk-in service during March, with access to trained advisors and NRT. No appointment needed, just turn up.

Mondays 10am to 4pm - St John's Road Car Park (off High Street North), E6

Tuesdays 10am to 4pm – Rathbone Market, Barking Road, E16

Drop-in centres

Local places where you can drop-in and see a smoking advisor for free.

Tuesdays 10am to 4pm – Health Information Centre (HIC), Newham University Hospital, Glen Road, E13

Wednesdays 11.30am to 1.30pm – St. John's Church, The Broadway E15

Saturdays 10am to 12noon at the following three venues:

- > St. John's Church, E15
- > The Hartley Centre, 267 Barking Road, E6
- > The Place, 2 Silvertown Way, E16

In addition to these services, most local pharmacies, many GP practices and some dental practices are also ready to support you.

Together we can help you stub it out – for good.

The benefits of stopping smoking:

- > reduced chances of getting lung cancer, heart disease, stroke and other smoking related illnesses
- > better breathing and general fitness
- > improved sense of smell and taste
- > more money – **visit <http://smokefree.nhs.uk/quit-tools/cost-calculator/>** to find out how much money you could save.

London Borough of Newham Council Tax – 2010/2011

NOTICE IS HEREBY GIVEN that on 22 February 2010 under Section 30(2) of the Local Government Finance Act, 1992, the Council of the London Borough of Newham set the following amounts of Council Tax for the period 1 April 2010 to 31 March 2011.

DATED this 5th day of March 2010

Valuation band	Amount of Council Tax
A	£836.97
B	£976.46
C	£1,115.96
D	£1,255.45
E	£1,534.44
F	£1,813.43
G	£2,092.42
H	£2,510.90

Dated 5 March 2010
Joe Duckworth
Chief Executive

Got something to
shout about? Email your
ideas to [newham.mag
@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

YOUR SPACE

where young people take control

ONLINE PORTAL

Sungeda Aktar, a student at Plaistow's NewVic talks about creating a facebook-style portal inspired by her teacher Saci Lloyd's Carbon Diaries 2017 novel.

"The 2017 project was really intriguing and there was much more to it than simply creating a piece of work based on the future. It was about being part of a new and popular book out on the shelves by creating exciting work.

"Our project brief allowed us to pick from a variety of practical options to create our own 2017. For example, making a video and using written and photographic journalism to portray our vision of the future.

"I researched recent flooding such as the Cumbria floods, as well as watching films that involve scenes of flooding, such as the blockbuster 2012.

"I have learnt so much from this project especially about global warming and the effects that we are experiencing when we hardly even realise it"

"I chose to approach my project idea by creating front pages for popular newspapers, I even created a fictional weather report and designed my own version of the BBC website!
"I have learnt so much from this project especially about global warming and the effects that we are experiencing when we hardly even realise it. From what I have seen and heard the overall aspect of the future looks pretty unpleasant if the world continues to ignore the problems that we face today.

"Launching our work through a website, I think, is a really good idea. Having the chance to upload your work and edit your profile, adding pictures and adding friends, it's almost like a new work-related version of Facebook but the fact that it has a slick trademark to it makes it even more unique. It's a really excellent approach to showing how every NewVic student contributed to the 2017 Carbon Diaries project."

Visit www.carbondiaries.com to see Sungeda's work and join the online carbon diaries network.



Sungeda Aktar and the
home page of [www.
carbondiaries.com](http://www.carbondiaries.com)

NEWHAM YOUR

YOUR HOSPITAL NEEDS YOUR VOTE!

Newham University Hospital NHS Trust needs your vote to secure a funding bid to create a new area for older patients.

The Trust has submitted a Bright Ideas Grant bid for £10,000 to the Department of Health to create a safe, social, activity and walking space for older people and people with dementia in the St. Andrew's Wing. The funding is allocated on the basis of votes. The ideas with the most votes on 18 March will receive the funding.

To vote go to www.big.dh.gov.uk/node/84 and our idea: **Our Safe, Social Circle** should appear. Underneath the idea are a number of stars, to vote you simply click on the stars to rate the idea, the more stars the better!

Don't forget, you can have your say on health and patient satisfaction at focus groups happening in March. Newham's NHS Trust wants to hear your views on the service you have received at Newham University Hospital. There are two sessions:

Thursday 16 March, 10am-12noon, Froud Community Centre, 1 Toronto Avenue, E12
Sunday 25 March, 10am-12noon, Paul Street Community Centre, Stratford, E15

If you'd like to take part in the focus group contact Savita on **020 7363 8189** to book your place.



Valuing Newham's carers

If you are a carer looking after an adult with a learning disability there are many opportunities out there that you might not be aware of.

Following on from research conducted by Newham's Partnership for People with Learning Disabilities, a free event is being held that aims to provide carers with the information and support that many have said they need.

Information stalls at the event will be covering topics including benefits, housing, wills and trusts, respite and short breaks.

A free hot buffet lunch will also be provided as well as a free prize draw raffle.

Valuing Carers in Newham is taking place on Monday 15 March, 10am to 2.30pm at St Mark's Church and Community Centre, Tollgate Road, Beckton, E6.

For more information, or to confirm your attendance, call 0776 761 3511, email Jackie.hardy@newham.gov.uk, or post a response to: Newham Council, Unit 7&8, Stratford Office Village, 4 Romford Road, London, E15 4EA.

Win a beautiful bouquet for Mother's Day

Show how much you care without breaking the bank this Mother's Day by entering our competition to win this lovely floral bouquet, courtesy of Oldacre Florists. Worth £40, the winner will have a stunning arrangement (like the one pictured right) delivered direct to their mother's door, free, for a wonderful surprise on Mother's Day, Sunday 14 March.

To be in with a chance of winning tell us in no more than 100 words why your mum is Newham's best.

Send your entry with your name, age, phone number and your mother's address to Newham Mag, Newham Dockside, 1000 Dockside Road, E16 2QU or email newham.mag@newham.gov.uk.

Your mother must live in Newham and the deadline for entries is Wednesday 10 March.

Visit www.oldacre.co.uk or call 020 7069 4235 to find out more about this Custom House-based florist.



Poetry in motion at SWNEAZ Citizenship Week

South West Newham Education Action Zone (SWNEAZ) launched this year's Citizenship Week with a 2012 inspired poetry slam.

Pupils from 14 primary schools in Newham were tasked with the challenge of exploring the Olympic and Paralympic Games from a slightly different perspective, swapping trainers and shorts for pen, paper and vocal ability.

Competing schools were challenged to research and write a poem on the values of the 2012 Games, before performing their chosen entries out loud in front of a panel of distinguished judges at Stratford Circus.

The two schools that stood out in each of their categories were the teams from Manor Primary School with their poetry performance based on the theme of Olympic training, and Keir Hardie, with their poetry performance about aiming high.

Other activities from Citizenship Week included a sporting mini Olympics tournament for six and seven-year-olds, a tour of the Olympic Village and a debating contest held at Newham Town Hall.



Keir Hardie's talented team members show their delight >

Business opportunity

If you have a business in Newham don't miss the Newham Business Forum 2010 on Thursday 18 March, at West Ham United Football Club, E13, from 5.30 to 8.30pm.

This annual free event is for Newham-based business people to find out more about opportunities in the borough, how the council can assist them and the chance to discover upcoming plans for the Newham and Thames Gateway area.

As well as a range of speakers, including Mayor Sir Robin Wales, more than 35 exhibitors will be on hand with advice and information on how to help you maximise the opportunities happening now and in the future. Meet with developers and contractors for the borough's regeneration projects, housing associations, the London Development Agency, business advice agencies, Newham Council and other major organisations operating in the borough.

The event is free and booking is advisable. For registration or more information call 020 3373 4969 or email jackie.connolly@newham.gov.uk



Kids' corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU

GALLERY

Winner



Hadicha Karimova, 8



Unnai Raj, 12



Samee Raza, 5



Tale Bankole-Oniti, 9

Win a £10 Newham Bookshop voucher

Our friends at Newham Bookshop invite you to send in your pictures, jokes and poems to the Newham Mag to be in with the chance of winning a £10 book voucher to spend in-store at 745-747 Barking Road, E13.

Hadicha Karimova, 8, is this issue's winner. To be in with a chance of winning this, or another fantastic prize, send your creative creations to Kids' Corner, West Wing – Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. Don't forget to write your name, age, address and contact telephone number on your entry. Good luck!



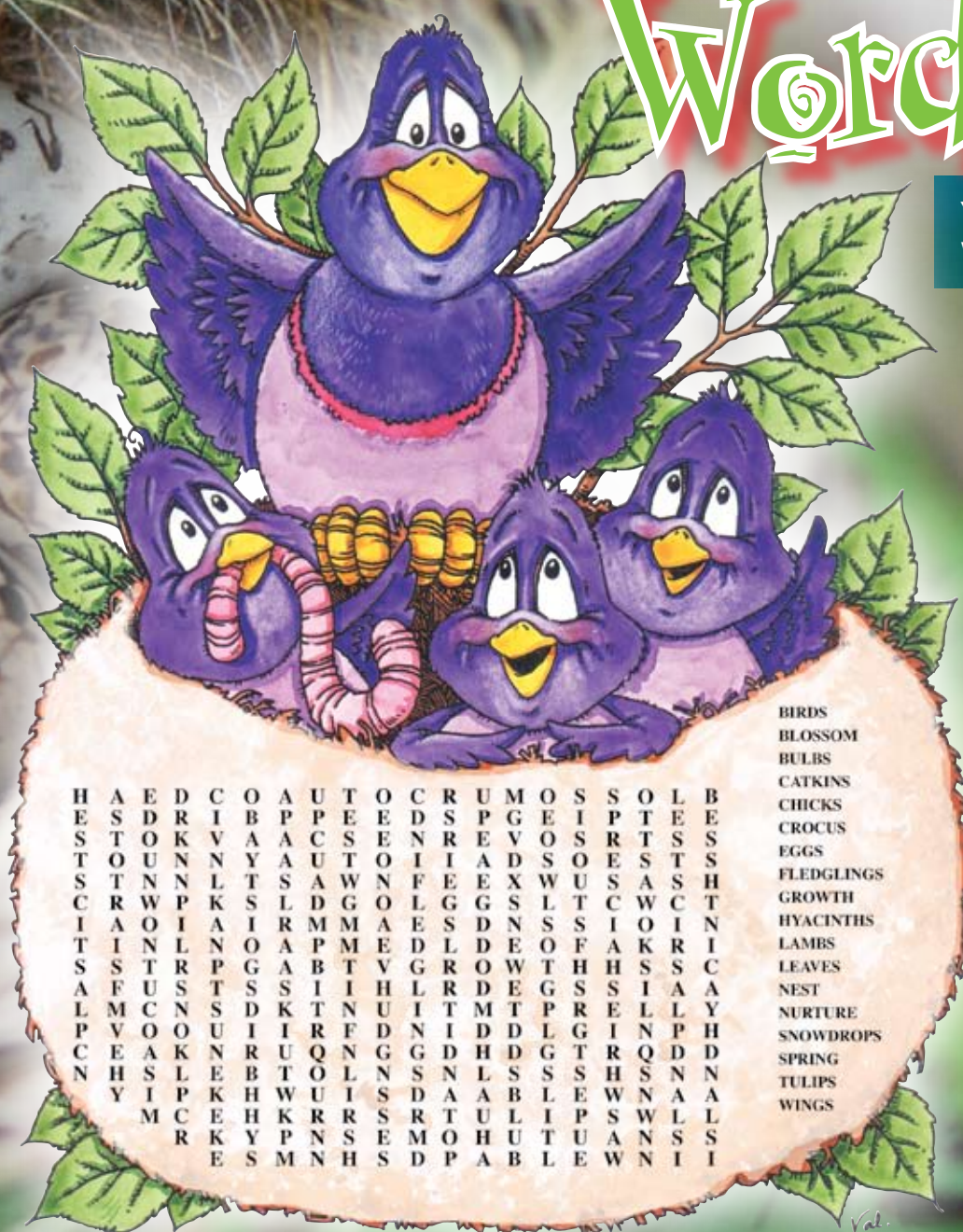
Wordsearch

You must find the following words in the grid:

Jokes

A man went to the doctors and said: 'I keep thinking I'm a dog'. The doctor said: 'how long has this been going on for?' The man replied: 'Since I was a puppy!'

by Megan Jo Banks, 9



WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

5 – 19 MARCH



TRY SOMETHING NEW... PULL A PUNCH AT BOXING

If you're KOed with boredom and want to be fighting fit don't fear – get saved by the bell and join one of Newham's many boxing clubs.

Newham has a strong history when it comes to boxing; Terry Spinks MBE, the 1956 Olympic flyweight gold medallist, trained in the borough. There are five clubs in Newham, most of which train boys and girls, with some taking on youngsters from the age of six upwards. As well as keeping you fit, boxing helps with stamina, agility and discipline.

For full boxing club listings turn to page 36. If you would like more information contact Boxing Development Officer Carl Barton at carl.barton@newham.gov.uk or call 020 3373 6034.

ALL LIBRARY LISTINGS

UNDER 5s GROUPS

All open to under 5s with their parents/carers.

Storytelling

Beckton Globe

Friday 10-11am

Canning Town

Monday 10.30-11.30am

Custom House

Tuesday 10.15-11.15am

East Ham Wednesday 2-3pm

The Gate Friday 11am-12noon

Green Street Thursday

10.30-11.30am

Manor Park Thursday

10.30-11.30am

North Woolwich

Thursday 2-3pm

Plaistow

Tuesday 11am-12noon

Stratford Tuesday 11am-

12noon and Friday 2-3pm

Crafts Club

Manor Park

Tuesday 10.30-11.30am

Toy Library

Beckton Globe Monday

10am-12noon and

Thursday 1-3pm

East Ham Tuesday

10am-12noon and Thursday

10am-12noon

Imaginative Play

East Ham Friday

10.30-11.30am

Messy Play

Beckton Globe Tuesdays

during school term 1.30-2.30pm

ADULT READING

Adult Reading Group

East Ham Monday 15 March

6.15-7.45pm

Stratford Monday 8 March
6.30-7.30pm

Women-Only Urdu Reading Group

The Gate Tuesday 9 March
5.30-7.30pm

Read Around the World Book Group

The Gate Tuesday 16 March
6.30-8pm

OTHER GROUPS

Over 50s Club

Beckton Globe

Tuesday 9.45-11.45am

Click-On – computer
sessions for over 50s

East Ham Friday

10am-12noon and 2-4pm

Plaistow Friday

10am-12noon and 2-4pm

ICT Surgeries

East Ham Friday 4-5pm

The Gate Thursday

10am-12noon

Manor Park Thursday

2-4pm

Writers' Group

The Gate Tuesday 23

February 5.30-7.30pm

Knit & Natter – craft group
for men and women of all
ages and abilities.

Beckton Wednesday

10am-12noon

North Woolwich

Tuesday 10am-12noon

YOUNG PEOPLE

Homework Club – For young
people aged seven to 14.
School term only.

Beckton Globe

Tuesday 4-6pm

Canning Town

Friday 3.30-5.30pm

Custom House

Tuesday 3.30-5.30pm

East Ham Monday 4-6pm

The Gate Thursday 4-6pm

Green Street Tuesday 4-6pm

Manor Park

Tuesday 3.30-5.30pm

North Woolwich

Thursday 3.30-5.30pm

Plaistow Thursday 4-6pm

Stratford Monday 4-6pm

Games Clubs – PS2 and Xbox games, music, board games and many more activities for ages eight to 13.

Custom House

Monday 2-4pm

East Ham

Tuesday 3.30-5.30pm

Manor Park

Thursday 4-6pm

Teenage Games Club –

PS2 and Xbox games, music, board games and many more activities for ages 12-16.

Beckton Globe Monday and Wednesday 3-5pm

Teen Xtra Evenings – Free activities for ages 12-21.

The Gate Thursday 6-8pm

Stratford Playerz

Stratford Thursday 18 March 4pm-6pm

SPECIAL EVENT

Persepolis – Marjane Satrapi's powerful animated memoir about growing up in Tehran amidst the Islamic revolution, adapted from her

award-winning graphic novel.

Stratford

Thursday 18 March 6-8pm

LIBRARY CONTACTS

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 8430 4063

Canning Town Barking Road, E16 4HQ. 020 7476 2696

Custom House Prince Regent Lane, E16 3JJ. 020 7476 1565

East Ham High Street South, E6 6EL. 020 8430 3647

The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 8430 3838

Green Street 337-341 Green Street, E13 9AR. 020 8472 4101

Manor Park Romford Road, E12 5JY. 020 8430 2207

North Woolwich 5 Pier Parade, E16 2LJ. 020 8430 5900

Plaistow North Street, E13 9HL. 020 8472 0420

Stratford 3 The Grove, E15 1EL. 020 8430 6890
Archives and Local Studies: 020 8430 6881

Community Outreach Services

For more information call 020 8586 6541

SPORTS PROGRAMME

Basketball

Newham NSP (free)

- Basketball coaching, 8-19
Mon, 7.30-9pm



Little Ilford Youth Centre, E12
- Basketball Competition, 8-19
Tues, 6-7.30pm
Lister School (Sports Hall), E13
- 3 v 3 league, 8-19
Thurs, 5-7pm
Forest Gate Youth Centre, E7

Football

Newham NSP (free)

Five-a-side
- U14 & U18
Mon, 6.30-8.30pm
Newham Leisure Centre, E13
- 11-18
Wed, 5-8pm
Priory Park MUGA, E6
- 8-19
Wed, 5-6.30pm
Keir Hardie Park, E16
- Five-a-side, 8-19
Fri, 6-7.30pm
Scud Park, Tant Avenue, Canning Town, E16.
- Mayor's Football League, U14, U18, Thurs, 4-6pm
Memorial Park
- Coaching and competition, 8-19,
Sun, 1-2pm
Winsor Park, E6
- Monthly tournament
U12, U14, U18, 10am-1pm
First Sat of the month
Plasnet Park, E6

WHU Kickz (free)

Mon

- U14, 4-5.30pm
- 15+, 5.30-7.00pm

West Ham Community Astro Turf (Beckton)
- 11-18, 5-8pm

Forest Gate Youth Centre, E7
Tues

- U14, 4-5.30pm
- 15+, 5.30-7pm

West Ham Community Astro Turf (Beckton)
- 11-18, 6-9pm

Priory Park MUGA, E6
Wed

- 11-18, 5-8pm
Priory Park MUGA, E6

Thurs
- 11-18, 4-7pm

Priory Park MUGA, E6
Fri

- U14, 4-5.30pm
- Girls 11+, 5.30-7pm
West Ham Community Astro Turf (Beckton)
- 11-18, 5-8pm
Forest Gate Youth Centre, E7

Air Football 16+

Tues

1-3pm, Stratford Park, E15

Ascension Football Academy

For info call Louise on 07841 749 292.

School years R-3:
9.30-10.30am

School years 4-7:
10.45-11.45am

School years 8-11:
12noon-1.30pm

All sessions £2.50

King George V Park, E16





Women United FC

Mon, 6-7.15pm, 16+
Kingsford Community School,
Kingsford Way, E6

Football and basketball

Newham All Star Sports
Academy (NASSA)
visit www.nassa2012.org.uk
- 12-16 mixed, Mon
6-7.30pm,
- 18+, 7.30-9pm, Newham
Leisure Centre, E13
- 11-16 girls, Tues,
4.30-6pm, Sarah Bonnell
School, E15
Thurs, 4.30-8pm, Newham
Indoor Sports Centre, E13,
u13/u14/u15
- Fri, 4.15-5.30pm 8-11 mixed
3.30-7.30pm, 12-16 mixed
Cumberland School, E13
- 8-11 mixed, Sat
11am-1pm,
Sarah Bonnell School, E15

Handball (free)

- Newham Flames, Tues
U15, 3.30-5pm
U18, 5-7pm
Newham Leisure Centre, E13
(Multi-Sports Hub)

Multi sports (free)

Newham NSP
- Handball, football,
competition
5-7pm, 8-19
Wed, Stratford Park, E12
- Coaching and competition
4-5.30pm, 8-19

Fri, St Johns Community
Centre, Albert Rd, E16

Athletics at Newham Leisure Centre (free)

- GLL Trackstars, 5-12
Tues, 4.30-5.30pm (£1)
- Get Set Go Group, 11-16
Mon, 4-5.30pm
- Triathlon 12-17
Wed, 7-9pm
- Met Track 10-17
Fri, 4.30-6pm
- Newham and Essex Beagles
Athletics Club, 10+
Mon and Wed, 6.30-9pm;
Sun, 10am-1pm

Cricket

- Tapeball cricket league (free)
11-15, 16+, 6-9pm
Kingsford Astro Turf
- Rokeby community cricket
(free)
Wednesday 4-5pm
8-16
Rokeby School sports hall,
Pitchford Street, E15
Call Ben for info:
07971 286 254 or
email ben.chambers@newham.gov.uk
- Newham Cricket Club
8-16, £2 per session
Monday 5-7pm
Langdon School sports hall,
Sussex Road, E6
For info call: 020
8586 7070 or 07709 758 661

Boxing

East Ham Boleyn ABC

10- years +; boys only
- Mon, Tues, Wed, 5-6pm
East Ham WMC, 2 Boleyn
Road, E6

Call Daniel Penny on
07958 124 144

- West Ham Boys ABC
9-years +; boys and girls
Mon, Wed, Fri, 5-6pm
The Black Lion, 59-61 High
Street, E13

Call Lianne Jameson on
020 8472 3614

- Peacock ABC 8-years +
Mon, Wed, 6-8pm
boys and girls
Caxton Street North, E16
Call Martin Bowers on 020
7511 3799

- Newham Boys ABC
6-years +; boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House
141 Church Street, E15
Call Ravinder Atwal/Joe
Chapman 020 8519 5983

- Fight For Peace 11 years
+; boys and girls
(Phone for session details)
Woodman Street,
North Woolwich, E16
Call Marigold Ride
on 020 7474 0054
Contact clubs before visiting

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

New free Flying Wheels club for
young wheelchair users aged
6-22. With an emphasis on
wheelchair rugby and training
from professional players, come
experience different sports

activities and health and fitness.
Wednesday evenings from 3
March, 7-9pm
The Hartley Centre, 267 Barking
Rd, East Ham, E6

Call Eda on 020 8472 0058 for
more information.

Mon, Eastlea multi-sports club
for SEN & disabled young
people, Eastlea Community
School, E16, 4-5.30pm

Multi-Activities

People with Disabilities Club,
Tues, Newham Leisure Centre,
E13, 10.30am-12noon

Swimming

People with Disabilities Club,
Tues, Newham Leisure Centre,
E13, from 3-5pm
Newham Otters Swimming
Club, Sat, Newham Leisure
Centre E13, 4.45-5.45pm
The 3 Hs, Sun, Balaam Leisure
Centre, E13, 12.30 -2pm

Trampolining / Fitness / Swimming

SEN and disabled adults at
Newham Leisure Centre, E13,
Tues, 10am-4pm

Get fit for free

Free use of the gym for one
year for people with learning
disabilities at Newham Leisure
Centre on Tuesdays from 1.30-
3.30pm. To book an induction
you must contact Susy Massey
on 020 7511 4477

Goalball

First Thursday of the month
at Newham Club, Brompton



Manor School from 5-7pm

B1 Football Club

Third Sunday of every month
at East Ham Leisure Centre
from 10am-12noon

ARTS LISTINGS

Stratford Circus

East London Dance presents Local International

Saturday 13 March, 8pm
Tickets: £12/ 8 concessions

A mixed bill of bold and inspiring dance, with styles from ballet to break dancing by a remarkable line up of female choreographers. Drawing on influences from across the globe and around the corner, catch new work from Phoenix Dance Theatre, Ballet Black, Belgian B-Girl -Yiphun Chiem, Funmi Adewole and ADiaspora Collective.

East London Dance with Avant Garde Dance presents COLLABO 10

Friday 19, 8pm and Saturday 20 March, 3pm. Tickets: Matinee: £9/5 concessions, evening: £12/8 concessions
Bringing together some of the hottest and dynamic dance crews, companies and choreographers around and taking them out of their comfort zone - creating fresh and innovative collaborations and the season's new 'must have' style.

Stratford Circus UPfront East presents International Women's Week 2010

The Speed of Dating
Monday 8 March, 8pm
Tickets: £7 / £6 concessions
Age: 16+

Meet Alice; a guaranteed liability, a single woman in a straight man's world who swings both ways and still can't find romance. What Alice really wants is to find love,

but what she gets is a string of awkward dates that send people running for the hills.

In a Thousand Pieces

Friday 12 / Saturday 13 March, 8pm. Tickets: £12 / £10 concessions Age:13+
A touching and delicate depiction of the isolated and brutal world home to thousands of women forced into the British sex trade. A young Eastern European woman arrives at a London airport with a new jacket, a £10 note, a small suitcase and a passport. Before she's quite aware what is happening, her passport is missing and she's in a car.

An Act of Memory

Saturday 13 March, 12.30pm
Free

Stratford Circus calls on daughters, mothers and grandmothers to join artist Monica Ross in a group recitation of the Universal Declaration of Human Rights. We want generations of women to unite and share in this unique experience by reciting together, in any language; asserting the necessity to speak up in a time when our shared human rights must continue to be at the forefront of our minds. To take part email info@stratford-circus.com

God Bless the Child

Sunday 14 March, 8pm
Tickets: £7 / £6 concessions
For Billie Holiday fans starring Katrina Beckford as Billie Holiday and accompanied by jazz pianist Mike Conliffe this gusto performance takes the audience on the intimate and personal journey of Holiday's misspent youth in Baltimore to the lavish jazz joints of 1930's Harlem.

Michael Rosen

Saturday 6 March, 3pm
Tickets: £3
Novelist, poet, Children's



Laureate 2007-09 and author of over 140 books, Michael Rosen will be reading from his latest books and previewing 'Michael Rosen's Big Book of Bad Things' with a saxophonist accompaniment. Come along to this fantastic opportunity to meet Michael at this book reading and signing.

**Box Office: 0844 357 2625
www.stratford-circus.com**

Theatre Royal Stratford East Two Women

5 – 20 March, 7.30pm
Matinee: Sat 13 March, 2pm
Tickets: midweek: £8- 22, Sat eve: £10-22
An explosive thriller of betrayal, heartbreak, justice and redemption based on Martina Cole's bestselling novel.

**Box Office: 020 8534 0310
www.stratfordeast.com**

MAYOR'S SURGERIES

**Monday 8 March,
9.30-10.30am**
Community Links, 105 Barking Rd, Canning Town, E16

Tuesday 16 March, 5-6pm
Newham Town Hall, Barking Road, East Ham, E6

Mayor's Telephone Surgeries

Wednesday 10 March,
9.30-10.30am
Call 020 3373 8444

to speak directly to the Mayor

COMMITTEE MEETINGS

The following meetings all take place at Newham Town Hall, East Ham, unless specified.

Newham Partnership – Crime and Disorder Reduction Partnership

Wednesday 10 March, 2pm

Licensing (2003 Act) Sub-Committee

Thursday 11 March, 10am

Newham Partnership Board

Thursday 11 March, 3.30pm

Cabinet

Thursday 11 March, 5pm

Mayoral Proceedings

Thursday 11 March, 5.15pm

SACRE

Thursday 11 March, 7pm

Standards Committee

Monday 15 March, 6.30pm

Newham Partnership – Employment and Enterprise Partnership Action Board

Tuesday 16 March, 3pm

Licensing (2003 Act) Sub-Committee

Thursday 18 March, 10am

Licensing (2003 Act) Sub-Committee

Thursday 11 March, 10am

Newham Partnership – Better Health and Well



Being Partnership Action Board

Thursday 18 March, 3.30pm

Public Transport Liaison Group

Thursday 18 March, 6pm

Newham Community and Police Forum

Thursday 18 March, 7pm

Meetings are subject to cancellation. Details of meetings, agendas and minutes are available on www.newham.gov.uk

The forward plan, also available on the Newham website, sets out all Key Decisions to be taken over the next four months. The April Edition of the Forward Plan will be published on 17 March 2010.

OTHER EVENTS

Newham Swimming Club

Join this ASA affiliated competitive swimming club for ages eight and up.

Training most nights in Newham leisure centres. Entry to the club is through monthly trials.

Contact John Harvey on 07749 724 696 to arrange attendance at a trial. Visit the website for more information: www.newhamswimmingclub.org.uk/howtojoin

Royal Falcons Football Club

Football for ages 6+

Beginners, boys/girls welcome
Tuesdays, 6.30-8pm and
Saturdays, 10.30am-12noon
Savage Playing Fields, Savage
Gardens, Beckton. £2-3 per
week for both sessions.

For more information call
Nick on 07764 356 077.

Yoga classes

Every Friday

10.30-11.30am

The Hub, 123 Star Lane,
Canning Town, E13

Price £5

Low income/Student £3

Contact Karen

07908 232 377

Lunchtime Tai Chi at the Hub

Tai Chi is a gentle form of
exercise which is good for the
mind, body and soul.

Every Saturday

The Hub, 123 Star Lane,
Canning Town, E16

12noon-1pm. Free!

For more information call the
Community Involvement Team
on 020 3150 0080

Multi sport sessions

13-19? Get active, improve
your confidence and aim to
gain a sporting qualification
at Grassroots ATP, Memorial
Park, West Ham, E15.

Girls: Mondays, 4-5pm

Boys: Wednesdays, 4.30-6pm

To find out more or to book a
place call 020 3150 0080

Track Tuesdays

Tuesdays, 6.45-8pm

Terence McMillan Stadium,
behind Newham Leisure
Centre, Prince Regent
Lane, E13.

Need to get practicing for
the Newham London Run or
simply want to get in shape?
Then join East End Road
Runners for a spot of training
for adults of all abilities aged
over 18. For more information
call 07979 261 647 or visit
www.eastendrr.co.uk

Nordic Walking

The fastest growing fitness
activity in the world. For
groups of between four to
12 people aged 14 and over,
experience a taster session
with Tug Wilson, local Nordic
walking instructor.

Sessions are £5, and take
place in parks across Newham
any time between 6.30-9pm
on convenient days for the
group. Equipment provided.
Contact Tug at tugwilson2@aol.com or call 07932 879 786
to book a session.

Newham Academy of Music Concerts and Events

From jazz to classical, choral
to orchestral, check out
some of the lovely sounds
coming your way over the next
fortnight, brought to you by
the Newham Music Trust.

Sat 6 March Grand Union
Orchestra Workshop – open to
all, 2-6pm, Newham Academy
of Music (NAM), Wakefield
Street, E6

Sat 13 March Music for
Youth regional final, 10.30am-
4.30pm, Langdon School, E6

Tues 16 March, Percussion
and Piano Concert, 7pm,
NAM*

Weds 17 March Take A Bow
– Stringendo share the stage
with the London Symphony

Orchestra St Luke's, time tbc,
Old Street, EC1V

Thurs 18 March Choral
extravaganza with Academy
and School Choirs, 7pm, St
Paul's, Burges Road, E6*

Fri 19 March String Concert
- an evening of serenades and
suites, 7pm, All Saints Church,
West Ham, E15*

Sat 20 March Jazz Night -
Academy Jazz Band welcome
guest star - Marcella Puppini,
7pm, The Piano Bar, NAM*

*tickets: £5 / £3 concessions
Visit www.newham-music.org.uk
or email alison.brewerton@newham-music.org.uk for
more information

USEFUL NUMBERS

020 8430 2000

Hundreds of services,
just one number – for all
council enquiries

For questions about
councillor surgeries or to
find out which ward you live
in, call 020 8430 2000 or
visit www.newham.gov.uk/yourcouncillor

Write to Mayor Sir Robin
Wales at Newham Town
Hall, Barking Road, East
Ham E6 2RP or email
mayor@newham.gov.uk

For information about
Community Forums
freephone 0800 519 4015 or
email community.forums@newham.gov.uk

For information about the
2012 Games and how it will
affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social
behaviour call Newham's
24-hour hotline on
0800 731 3300

To speak to the editor of
The Newham Mag, call
Anita Plaha on 020 8430
2000 or email newham.mag@newham.gov.uk



Use your orange bag to recycle paper, cans and plastic bottles.



Please tie your orange bag and leave beside your bin for collection.



You can also pick up more orange bags from your local service centre or library.

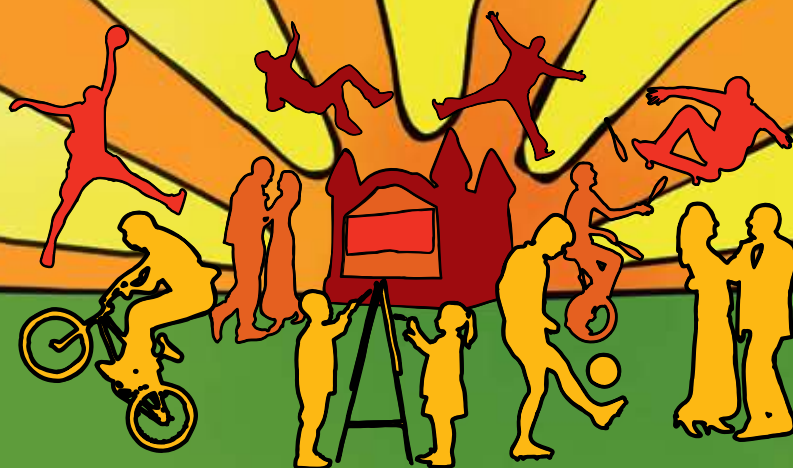
**Play your part for
a Cleaner, Greener
Newham.**

Brought to you by the
Mayor of Newham

Newham London

Wake up to...

Sunday fun day



sunday 7 march

9am - 4.30pm

packed with **FREE** entertainment for the whole family

what's on

- live music and dance
- sports demos
- dance competitions
- children's fun area
- street entertainers
- and lots more for all ages!

location

Stratford Park, Town Centre & Old Town Hall

DLR: Stratford

Tube: Stratford - Jubilee and Central lines

Buses: 25, 69, 86, 104, 108, 158, 238, 241, 257,
262, 276, 308, 473, D8, S2 (diversions may apply)

www.newham.com
020 8430 2000

Supported by

Westfield
STRATFORD CITY

Newham London **Run2010**

9am - come early and cheer on the runners
in the 10k and 2.5k Newham London Runs